Messages from the Supreme

All India
Magazine
July 2015
Flower on the Cover:
**Supramental Bird**
It remains where it has descended.
(Spiritual significance and explanation given by the Mother)

The Bird of Grace, Messenger from the Supreme.

*Editor’s Note:*
This issue consists of a compilation of some of the Mother's words in Her own handwriting and with Her signature. It is a special grace and adds a personal touch to the Luminous Words that are among Her countless and priceless gifts to us. The idea behind this compilation is that we read one each day and reflect upon it for the rest of the day. Thus contemplating and reflecting upon Her Luminous words we prepare ourselves for Sri Aurobindo's Birthday on the 15th Aug.

The excerpts from the Works of Sri Aurobindo and the Mother published in *All India Magazine* carry titles and captions chosen by the editor, highlighting the theme of the excerpts.

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Messages from the Supreme

CONTENTS

The Mother's Signature ... 5
Prayers ... 7
The Purpose ... 11
Freedom ... 14
The Practice ... 18
Sri Aurobindo ... 29
The Mother ... 34
Threads of Light ... 40

Editor's Note: A signature is the expression of acceptance and approval of what has been written and signed as. It is also the concretisation and materialisation of a certain Power contained in the person’s name who signs. When the Mother and Sri Aurobindo signed something it was not just a formality. As with all Their actions, this too was a special blessing for earth and humanity, an act of Grace, a concretisation of something of the Power of Their Name to fulfill what was signed, an acceptance of the person and in general of the humanity that was aspiring for a greater and higher, a diviner life. It is a seal of the Supreme upon the Word thereby adding to its power. The Mother has explained the significance of Her signature as ‘The bird of Grace messenger from the Supreme.’ In this issue we publish some of Her messages given on various occasions in Her own handwriting and signed by Her. This makes it a special issue, a thought for each day of the month to be reflected and meditated upon as well as put into practice in our everyday life.
Editors note: It is interesting to note that here the Mother spells her name as Mira (right hand top corner). As we can see below at the end of the page She has explained the significance of Her signature as 'The bird of Grace messenger from the Supreme'

CWM 13: 65

The Mother
The Mother’s Signature

This is a graphic representation of the signature. It means “The Bird of Peace Descending upon Earth”. It has its wings tilted towards the earth. It is coming down to the earth. You see the angle of its wings and how it is descending towards the earth? It is to bring Peace. It is the messenger of Peace. The Bird of Peace Descending upon Earth. You see?...

Now I will explain to you how this bird corresponds to the signature. Look, first, this is the tail of the bird. Here are the two tips of the tail, and I extend it as the wing which is seen like a curved line. You have seen the tails of birds, they are like this. ...

So, with these two tips of the tail and one wing, it is one part of the bird. And this is the other wing. They are large wings. And these are the eyes which are represented here by these two points. And here is the head.

One sees the bird appearing from far, that is why one sees only the eyes that shine and not all the details of the figure. It has very large wings and it is inclined like this to one side, that is why its body is hidden. One does not see its body, it is hidden behind its large wing. And from far one sees only its two eyes and the beak and all that. Because it is only the eyes that shine: the eyes reflect the soul. They are important, the eye. So it is like this: the tail joins with one wing and this is the other wing, and these two points are the eye.

This is the symbolic representation of the Bird of Peace Descending upon Earth. Instead of drawing the whole bird each time, I have made a symbolic drawing which represents this bird. You can see clearly this is the bird in flight which is descending towards the earth. It is still far, but one day it will alight upon the earth. Then there will be Peace. This, then, is the significance of my signature.

It comes from another world to bring Peace down here.

(Conversation with the Mother as noted by Mona Sarkar in Luminous Notes)
Do not take my words for a teaching. Always they are a force in action, uttered with a definite purpose, and they lose their true power when separated from that purpose.

The Mother
PRAYERS

A Daily Prayer

In the night as in the day be always with me.
In sleep as in waking let me feel in me always the reality of your presence.
Let it sustain and make to grow in me Truth, Consciousness and Bliss constantly and at all times.

Sri Aurobindo
A New Year Prayer

Let the dawn of the New Year be for us also the dawn of a new and better life.

The Mother
Let us work as we pray, for indeed work is the body's best prayer to the Divine.

The Mother
The Prayer of the Cells in the Body

Now that, by the effect of the Grace, we are slowly emerging out of inconscience and waking to a conscious life, an ardent prayer rises in us for more light, more consciousness,

“O Supreme Lord of the universe, we implore Thee, give us the strength and the beauty, the harmonious perfection needed to be Thy divine instruments upon earth.”

The Mother
Is the aim of life to be happy?
This is just putting things topsy-turvy.

The aim of human life is to discover the Divine and to manifest It. Naturally this discovery leads to happiness; but this happiness is a consequence, not an aim in itself. And it is this mistake of taking a mere consequence for aim of life that has been the cause of most of the miseries which are afflicting human life.

The Mother
The True and Lasting Purpose in Life

There is a purpose in life — and it is the only true and lasting one — The Divine.

Turn to Him and the emptiness will go.

Blessings.

The Mother
Lord, we are upon earth to accomplish Thy work of transformation. It is our sole will, our sole preoccupation. Grant that it may be also our sole occupation and that all our actions may help us towards this single goal.

The Mother
Freedom does not come from outer circumstances but from inner liberation.
Find your soul, unite with it, let it govern your life and you will be free.
Blessings.

The Mother
Get Rid of the Ego

All that happens is to teach us one and the same lesson. Unless we get rid of our ego there is no peace either for ourselves or for the others. And without ego the life becomes such a wonderful marvel!...

Love.

The Mother
Never worry —

Do with sincerity all you do and leave the results to the Divine’s care.

The Mother
The Cure

5.3.59

Turn your mind completely away from your difficulty, concentrate exclusively on the Light and the Force coming from above; let the Lord do for your body whatever He pleases. Hand over to Him totally the entire responsibility of your physical being.

This is the cure.

With my blessings.

The Mother
THE PRACTICE
A Daily Program

Be simple,
Be happy,
Remain quiet,
Do your work as well as you can,
Keep yourself always open towards me.
This is all that is asked from you.

The Mother
What you are not able to do today, you will achieve tomorrow.

Persevere and you shall conquer.

The Mother
Harmony and Simplicity

To express Harmony,
of all things
Simplicity
is the best.

The Mother
Love and Purity

Love is not sexual intercourse.
Love is not vital attraction and interchange.
Love is not the heart's hunger for affection.
Love is a mighty vibration coming straight from the One, and only the very pure and very strong are capable of receiving and manifesting it.

To be pure is to be open only to the Supreme's influence and to no other.

The Mother
True Love

Do you know what is true love?

There is only one true love, the love from the Divine, which, in human beings, turns into love for the Divine.

Shall we say that the nature of the Divine is Love.

The Mother
Love is With All

Love is with all, working for the progress of each one equally — but it triumphs in those who care for it.

Love.

The Mother
From the standpoint of Yoga
it is not so much what you do but how you do it that matters most.

The Mother
No joy can be greater than that of serving the Divine.

The Mother

Above all preferences we want to be at the service of the Divine.

The Mother
He who lives to serve the Truth is not affected by outward circumstances.

The Mother
To come closer to Truth

To come closer to the Truth, you must often accept not to understand.

The Mother
What Sri Aurobindo represents in the world’s history is not a teaching, not even a revelation; it is a decisive action direct from the Supreme.

The Mother
Sri Aurobindo is constantly among us and reveals himself to those who are ready to see and hear him.

The Mother
Lord, this morning Thou hast given me the assurance that Thou wouldst stay with us until Thy work is achieved, not only as a consciousness which guides and illumines but also as a dynamic Presence in action. In unmistakable terms Thou hast promised that all of Thyself would remain here and not leave the earth atmosphere until earth is transformed. Grant that we may be worthy of this marvellous Presence and that henceforth everything in us be concentrated on the one will to be more and more perfectly consecrated to the fulfilment of Thy sublime Work.

The Mother
The importance of Savitri is immense.

Its subject is universal. Its revelation is prophetic.

The time spent in its atmosphere is not wasted.

Take all the time necessary to see this exhibition. It will be a happy compensation for the feverish haste men put now in all they do.

10.2.67

The Mother
He who is faultless does not care for the opinion of others.

The Mother
Since the beginning of the earth, wherever and whenever there was the possibility of manifesting a ray of Consciousness, I was there.

The Mother
The Supreme Surrender

Written in Japan in February 1920.

I belong to no nation, no civilisation, no society, no race, but to the Divine.

I obey to no master, no ruler, no law, no social convention, but to the Divine.

To Him I have surrendered all, will, life and self; for Him I am ready to give all my blood, drop by drop, if such is His Will, with complete joy; and nothing in His service can be sacrifice, for all is perfect delight.

The Mother
When in your heart and thought you will make no difference between Sri Aurobindo and me, when to think of Sri Aurobindo will be to think of me and to think of me will mean to think of Sri Aurobindo inevitably, when to see one will mean inevitably to see the other, like one and the same Person, — then you will know that you begin to be open to the supramental force and consciousness.

The Mother
THE VICTORY

Put Yourself on the side of the Divine Will

1955

No human will can finally prevail against the Divine’s Will. Let us put ourselves deliberately and exclusively on the side of the Divine, and the Victory is ultimately certain.

The Mother
24th April 1956

The manifestation of the Supramental upon earth is no more a promise but a living fact, a reality.

It is at work here, and one day will come when the most blind, the most unconscious, even the most unwilling shall be obliged to recognise it.

The Mother
At the very moment when everything seems to go from bad to worse, it is then that we must make a supreme act of faith and know that the Grace will never fail us.

The Mother
1. Have no ambition, above all never lay claim to anything, but be at each moment the utmost that you can be.
   25 February 1957

2. As for your place in the universal manifestation, the Supreme alone will show it to you.
   2 May 1957

3. The Supreme Lord has ineluctably decreed the place you occupy in the world concert, but whatever that place may be, you have the same equal right as everyone else to scale the supreme heights as far as the supramental realisation.
   17 May 1957

4. What you are in the truth of your being is ineluctably decreed and nothing and no one can prevent you from being it; but the path you will take to attain it is left to your own free choice.
   19 May 1957

5. On the path of ascending evolution, each one is free to choose the direction he will take: the swift and steep ascent towards the summits of Truth, the supreme realisation, or, turning his back to the peaks, the easy descent towards the interminable meanderings of endless rebirths.
   23 May 1957

6. In the course of the ages and even in the course of your present life you can make your choice once and for all,
irrevocably, and then you have only to confirm it at each new occasion; or else, if you have not taken the final decision at the outset, at each moment you will have to make a new choice between falsehood and truth.

23 May 1957

7. But even supposing that you have not taken the irrevocable decision at the outset, if you have the good fortune to be alive at one of those extraordinary moments in universal history when the Grace is present, incarnate on earth, It will give you once again, at certain exceptional moments, the possibility of making a final choice that will lead you straight to the goal.

CWM 12: 349 - 350

23 May 1957

8) All division in the being is an insincerity.

9) The greatest insincerity is to carve an abyss between one’s body and the truth of one’s being.

10) When an abyss separates the true being from the physical being, Nature immediately fills it with all the hostile suggestions, of which the most deadly is fear and the most pernicious, doubt.

11) Allow nothing, nowhere, to deny the truth of your being: that is sincerity.

Conversation with a disciple, 17th October 1958

The Mother
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One in Two Bodies

Q: I feel the Divine as spirit everywhere, pulling me towards Him. He is the Self of all and the Master of all. I feel He is greater than the Mother. I feel He is the Divine who is embodied in my Father Sri Aurobindo.

It is one aspect of the Divine—but the Divine as the Self and Lord and the Divine as the Mother are the same—there is no less nor greater.

31 March 1934

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Q: Why do some people here consider you greater than the Mother? Are not both of you from the same plane? Is it not a veil over the human vision that makes such a distinction?

It is the minds that see surface things only and cannot see what is behind them.

28 March 1935

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Mother and I are one but in two bodies; there is no necessity for both the bodies to do the same thing always. On the contrary, as we are one it is quite sufficient for one to sign, just as it is quite sufficient for one to go down to receive Pranam or give meditation.

CWSA 32: 82

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